

Spectrum Freight Limited

Company Health & Safety Policy

It is the policy of Spectrum Freight Ltd (referred to as 'the Company') to comply with the terms of the Health & Safety at Work etc Act 1974, the Management of Health & Safety at Work (Amendment) Regulations 2006, and associated protective legislation, including BS OHSAS 18001: 2007 both as an Employer and as a Company.

Whilst Spectrum Freight Ltd will do everything within its powers to ensure the health and safety of its employees, the employees agree, as part of their contract of employment, to comply with their individual duties under the Health & Safety at Work etc Act 1974 and the Management of Health & Safety at Work (Amendment) Regulations 2006 and will co-operate with their Employer to enable him to carry out his health and safety duties under the Act. It is the duty of each employee to take reasonable care of their own and other people's welfare and to report any situation which may pose a threat to the well being of any other person.

Spectrum Freight Ltd is committed to achieving high standards of health and safety not only in respect of its own employees but also in relation to visitors to the company, including contractors and temporary workers, as well as any members of the public who might be affected by our operations.

Spectrum Freight Ltd will comply with its duties towards employees under the Health & Safety at Work etc Act 1974 and the Management of Health & Safety at Work (Amendment) Regulations 2006, so far as is reasonably practicable, in order to:

- Provide and maintain plant and systems of work that are safe and without risks to health, a safe place of work, a safe system of work.
- Ensure the safety and absence of risks to health in connection with the use, handling, storage and transport of articles and substances.
- Provide such information, instruction, training and supervision as may be necessary to ensure the health and safety at work of its employees.
- Take appropriate preventive/protective measures.
- Ensure that its safety procedures and policies are reviewed regularly and kept up to current standards. Copies will be supplied to any contractors coming onto HQ Site.

Visitors (including Contractors and Temporary Workers) are requested to respect this Policy, a copy of which will be provided. The policy will be distributed to all staff.

D B Stevens

David Stevens
Managing Director
13TH January 2019